

#59. Iceland, Stokksnes peninsula beach, Hofn

What is Travel Coaching Travel Further / Think Deeper

Travel coaching is the use of **travelling experiences** as **educational material** and **personal development tool**, enhancing **critical thinking**, providing insightful **food for thought**, exposing our minds to **new possibilities**, and **challenging** our **perspectives**.

Travel Coaching **workshops** are ideal for **business** organisations, **executive** training, **educational** institutions, **cultural** societies, coaching **groups**, and any **individual** seeking to **enrich** and **learn** from their travel experience.

The **benefits** of the travel coaching approach apply to a variety of significant **contemporary target goals**, called pursuits, such as **change management**, **sustainable development**, **cultural empathy**, **human empowerment**, **innovative creativity**, and **inspiring leadership**.

Contact us info@indiehorizons.eu



#05. Abu Dhabi, Sheikh Zayed Mosque

Travel Coaching Workshops Travel Further / Think Deeper

A travel coaching **workshop** consists of an **exposure phase**, where the participants focus on selected highlights ("**coaching breadcrumbs**") along a carefully designed route, and a **discussion phase**, where the topics are actively processed and openly debated, leading to further **insights**, perspective **awareness**, and personal **development**.

The travel coaching workshops are available as **immersive facilitated itineraries**, as well as in-class or online **interactive seminars**, each route focusing on the **uniqueness** of each destination, and tied to particular **themes** and target **goals**.

Workshops can be further developed as a **series** of itineraries, exploring each time a **different destination**, providing an even wider variety of coaching breadcrumbs to discover, and insightful questions to consider.

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#09. Bhutan, chorten in the mist at Dochula Pass

<u>Travel Coaching Workshops</u> Travel Further / Think Deeper

For smaller groups, the **immersive facilitated workshops** are the ideal method of travel coaching, under the careful **guidance** of an experienced coach, leading the participants along their journey in a **dynamically responsive** process, especially suited for shorter routes in the neighbourhoods of Athens.

For larger groups, the in-class or online **interactive seminars** equally provides powerful inspiration and stimulates thinking outside the box, highlighting the coaching breadcrumbs of each itinerary through the use of evocative **audiovisual material** and **firsthand accounts**, a method well suited for any destination around the world.

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#80. Greece, Academy building columns, Athens.

<u>Travel Coaching Itineraries</u> Travel Further / Think Deeper

- Around the World in 80 Trips / World Expeditions
 A collection of great journeys covering the entire planet, aiming to learn from the cultural uniqueness and natural diversity of different parts of the world.
- Around Athens in 7 Days / Athenian Wanderings
 A series of unique experiences around Athens and Attica, enabling travellers to discover the true heart of this dynamic city, beyond the classic tourist routes.
- Around Greece in 52 weeks / Greece Discoveries
 A combination of exploration and relaxation, offering travellers an in depth insight of one of the most beautiful and fascinating countries of Europe.

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About Me I travel and I know things.



Andromachos Dimitrokallis

I am Andromachos Dimitrokallis, certified business coach and experience designer, founder of Indie Horizons, creator of the Travel Coaching methodology and the signature programmes "Around the World in 80 Trips" and "Athenian Wanderings". With a background in natural sciences and marketing, I started coaching professionally in 2012, specialising in change management, innovation and development, at both business and personal level. A dreamer at heart and passionate traveller, I lead coaching workshops inspired by my journeys, design unique itineraries focusing on cultural discovery, sustainability awareness, and slow travel, and create immersive experiences dedicated to challenge our perspectives, facilitate personal growth, and enhance self-empowerment.

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Greece, Australia, Austria, Turkey, Cyprus, Portugal, Mauritania, Bhutan, India, Vietnam, Laos, Cambodia, Iran, Iceland, Greenland, Eritrea, Sudan, Ethiopia, Djibouti, Somaliland, Cuba, Cayman, Jamaica, Belarus, Lithuania, Latvia, Estonia, Bahrain, Qatar, UAE, Oman, Sri Lanka, Maldives, Azerbaijan, Georgia, Armenia, Tanzania, Malawi, Zambia, Mozambique, Albania, North Macedonia, Kosovo, Netherlands, Luxembourg, Belgium, Scotland, Ireland, Nepal, Italy, Sweden, Norway, Finland, Morocco, Western Sahara (55 countries/Jan 2023)

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